

DEAR FRIEND OF IT IS WRITTEN CANADA



Falling Up

Imagine you are sitting in the stands watching a local hockey game. There are 300 other people there, mostly families with young children. On the ice, one of the players fires the puck at the net; it ricochets off another player's stick and into the stands straight towards you. The rock-hard, rubber disk punches into your side, cracking three of your ribs. The excruciating pain drops you to your knees, causing you to feel like you are about to die. Someone calls for an ambulance to take you to the hospital.

The next day, you are released from the hospital and you return home.

Now, if you were honestly describing this event to your friends the next day, would you describe it as fortunate or unfortunate?

When this question is posed to groups of people, the response is usually divided about 70/30: 70% claim that it is an extremely unfortunate situation; whereas, the other 30% believe it to be undeniably fortunate. How can people have such vastly different interpretations of the same event? Let's look at some of their explanations.

Those in the unfortunate camp gave answers like the following:

From Our Bible School

Jacqueline has been diligently completing the free Bible studies we offer here at It Is Written Canada. Studying these lessons has changed her life and she has made the decision to be baptized. Please continue to pray for her.

Prayer in Action

Please pray for the *It Is Written Canada* messages aired on television and the internet to bring hope and healing to lost and lonely people throughout Canada.

"I should have stayed home. This kind of thing almost never happens. How unlucky is it that I happened to be there!"

"I have three cracked ribs; that's objectively unfortunate."

"I entered the hockey arena perfectly healthy and I left in an ambulance. I don't know about you, but that's not my idea of a good time."

"This is fundamentally inconvenient."

"There were at least three hundred other people at the hockey game. Surely someone deserved getting hit with a puck more than me."

These people could not understand how getting hit by a high-speed hockey puck could ever be viewed as a fortunate occurrence until they heard the explanations of those who thought it was fortunate:

"I could have been hit somewhere far worse than my ribs. I could have ended up with brain damage or even died. I feel incredibly fortunate."

"It's amazing that nobody else got hurt. There were a least 300 other people at the hockey game, including children. It's unbelievably lucky that I was the only one who got hurt."

when he writes: "My brethren, count it all joy when you fall into various trials" (James 1:2).

I can't tell you how many times I have been tempted to let trials

destroy me. When I was three my parents divorced, and my brothers and I ended up in an orphanage. When I was ten my eldest brother, Joe, was killed in a tractor accident. When I was sixteen, my mother committed suicide. When I was twenty-six, my brother Pete fell fifty feet from a scaffold and was killed. A few years later, a number of

other close family members and friends passed away. However, if you asked me today how my life is, I would answer: "Fantastic!"

It's true; I love my life. It has been fantastic. Sure, I loved every one of those people God put into my life, and I am thankful they are still in my heart. I am even more grateful

Upcoming Programs

A NEW START

A New Season with *A New Start*: A two-part series with Pastor Mike and René Lemon spending time with Pastor Chris Holland.

October 5: A New Start – Part 1

October 12: A New Start – Part 2

ALL ABOUT JESUS

Join Pastor Mike and René Lemon as they interview Pastor Lee Venden in a seven-part series entitled All About Jesus. Pastor Lee is a revivalist who focuses on Jesus as the centre of our salvation. This series will help you to become better acquainted with Jesus as your personal friend and saviour.

October 19: All About Jesus – How to Become
and Remain a Christian – Part 1

October 26: All About Jesus – Life Change – Part 2

This Month's Offer – *The Great Controversy*

Controversy. The very word agitates our minds. Why does everything have two sides? Armies clash, churches crumble, and nations find no foundation for the peace and prosperity they attempt to establish. In the midst of the darkness, uncertainty, and confusion, haven't we all wondered: *Where will it end?* Join us on a musical, historical journey through Europe with the talented students of Fountainview Academy.



to know that they are all in God's heart, and that He has the keys to open every grave and one day soon release them from the influence of death.

Rather than feeling like a helpless victim of my past, I know that I am an incredibly blessed child of God. Every day I fall on my knees and thank Him for His many blessings. With God, every trial that knocks us down is an opportunity for us to fall up—to rise higher than we could ever imagine possible.

Let me leave you with these words of inspiration: "The Lord designs that His people shall be happy, and He opens before us one source of consolation after another, that we may be filled with joy and peace in the midst of our present experience. We are not to wait until we shall get into heaven for brightness and comfort and joy. We are to have them right here in this life... We miss very much because we do not grasp the blessings that may be ours in our afflictions. All our sufferings and sorrows, all our temptations and trials, all our sadness and griefs, all our persecutions and privations, and in short, all things work together

for our good... All experiences and circumstances are God's workmen whereby good is brought to us. Let us look at the light behind the cloud" (*My Life Today*, p. 185).

There are so many isolated and lonely people in our country, people who are disconnected from anyone else, so locked behind closed doors—doors of darkness and confusion and sin. We need to connect with these people, and we need to connect them with the source of life—the source of abundant life—the abundant life found in Jesus. This is why I want to thank you for your generous support of *It Is Written Canada*, because through your financial contributions *It Is Written Canada* is enabled **to connect Canadians to the abundant life found in Jesus in a way that is personal and relevant.** At present, with your donation of \$200, *It Is Written Canada* is able to reach into 2,000 Canadian homes per episode on CTV. Please, continue to support *It Is Written Canada* so that we can work together to continue this lifechanging ministry.

~ Mike Lemon



My Response

- ☐ My gift of ____ \$30, ____ \$50, ____ \$100, other \$_____ will help us connect Canadians to the abundant life found in Jesus.
- ☐ I would like to receive the monthly newsletter via this email address: _____
- ☐ I have a prayer/praise request.
- ☐ I would like information about leaving a legacy gift to *It Is Written Canada* through planned giving.
- ☐ I would like to receive this month's offer, *The Great Controversy*.
- ☐ This is a duplicate mailing; please remove one.

Name: _____

Address: _____ City: _____

Province: _____ Postal Code: _____ Home Phone: _____

Charge my: ☐  ☐  ☐  Exp. Date: _____ / _____

Card Number: _____ CVV: _____

Name of Cardholder: _____ Signature: _____

Healthy Living

Enjoy this delicious recipe that was chosen from a Winter Squash Recipe Booklet used by the Better Living Centre in Lillooet, BC for their seasoned vegan cooking classes. It is a healthy, hearty meal filled with nutrition.

Thai Spiced Pumpkin Soup

Ingredients:

- | | |
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| 2 Pumpkin, acorn, butternut, or other smallish winter squash | 1 teaspoon (or more) red Thai curry paste |
| 2 tablespoons Earth Balance spread or olive oil | Water or vegetable broth |
| 1 - 14oz can coconut milk | 2 teaspoons sea salt |

Instructions:

1. Preheat oven to 375°.
2. Cut squash in half. Butter (or olive oil) and salt flesh and bake skin-side down approximately 45 minutes or until squash is soft.
3. Let it cool enough to remove the seeds and stringy pulp, then scoop the flesh out into a medium pot.
4. Add coconut milk and curry paste.
5. Cook on medium to bring to a simmer. Remove from heat and puree in blender or with a hand blender (stick).
6. Add water (or broth) 1 cup at a time to get consistency desired, pureeing between additions of liquid.
7. Add more curry paste until desired flavour.
8. Return to heat and bring to simmer again. Serve and enjoy.



Did You Know?

One-cup of cubed winter squash consists of about 80 calories with almost no fat. Because winter squash is high in fibre and has virtually no fat, it can give you the sensation of feeling full without having consumed a lot of calories.



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Watch

It Is Written Canada

Saturday @ 11am on CTV

www.youtube.com/IIWCanada

www.itiswrittencanada.ca

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My Prayer Request/Testimony:
